

# Visiting the National FGM Centre in London

At a lecture in [June 2017 in Stockholm](#) we listened to Sonita Pobi (National Lead for Learning and Professional Development), who told us about the activities carried out at the National FGM Centre. We became interested in knowing more about how the school work was done and how we could work with children and young people in our schools in Sweden. We are school nurses who work with several children from different countries where we encounter these issues.



It led us to visit the National FGM Centre (May 2018) and two schools with advanced safeguarding programme. It was a very busy programme over the two days.

We met a lot of dedicated and inspiring staff and gained much more knowledge. We were inspired after the visit to continue to explore these questions and there were a lot of new activities for us to learn about.



Some of the key points from our visit were:

- There was some great work in schools with specific safeguarding programmes and those implementing “PANTS - My body my rules”. We can adapt this for the Swedish schools.
- Learning about how you strengthen the children's body awareness and integrity.
- We became more confident to have conversations with children and adolescents after our visit.
- We have plans to start briefing the parents of children in our ‘new arrivals’ in Sweden’ class.
- We hope to help the young girls integrate more and join different activities.
- We will develop the group sessions we have with pupils in new arrivals classes. Previously, it was more about puberty, now we will include the themes in PANTS, and this will be co-delivered with the school counsellor.

We are most thankful for the days you spent with us.

**Falun 180828**

**Anna Lorentzson**

**Gun Geschwind**

**Agnetha Edgren Mårtegård**



**Developing excellence  
in response to FGM and  
other harmful practices**

